



## Short Communication

# Histopathological Changes in the Intestine of a Parrot (*Melopsittacus undulatus*) Naturally Infected with Cestode, *Cotugnia karachiensis*, from Karachi, Sindh, Pakistan

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## ABSTRACT

*Cotugnia* sp. is a parasitic tapeworm belonging to the class Cestoda and found in the gastrointestinal tract of various birds worldwide. The GIT tract is where food is digested, and parasites are normally observed due to a favourable environment for food and shelter. The present study aims to investigate the histopathological changes in the intestine of *Melopsittacus undulatus* naturally infected with cestode *Cotugnia karachiensis*. Infected tissues were fixed in formalin, and 5-7 $\mu$ m thick paraffin sections were made, stained and mounted to study histopathology. This study revealed that mucosa was thickened, necrosis was observed in serosa, villus hypertrophy, vacuole formation, crypt gland destruction and channel formation in the intestinal layer were observed. The present study indicated a state of grave problems facing a parrot (*Melopsittacus undulatus*) when infected with cestode *Cotugnia karachiensis*.

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### Authors' Contribution

RM did collection, prepared the slides and wrote the manuscript. NK studied the histopathological slides. MI edited and proofread the manuscript.

### Key words

Histopathological changes, *Melopsittacus undulatus*, *Cotugnia karachiensis*, GIT, Cestode parasite

Cestodes are included in platyhelminths having tape-like flattened bodies, segmented having hooks and suckers on their scolex portion. They are hermaphrodites, i.e., both sex organs are present in every segment. Poorly developed organ systems are present; hence, they get nourishment from the host body by consuming digested food. They possess a developed reproductive system. The nervous system is not that much efficient.

Birds intestinal tracts comprise several layers, including serosa, circular and longitudinal muscles, submucosa, and mucosa. Villi, which are many complexes folded into the proximal surface of the intestine, increase the surface area of the intestinal tract by absorbing water. Submucosal tissue poorly supports and binds the mucosa's muscular wall. The submucosa consists of lymphatics and blood vessels. The lamina propria comprises capillaries, smooth muscle fibres, nerve fibres, and connective tissue and is found within the villi, behind the epithelial cells.

Histopathology is defined as the study of infected tissues. In histopathology, infected tissues are compared with healthy tissues (Slaoui and Fiette, 2011). In this research, the destruction of mucosal and submucosal layers with morphological changes was observed in infected tissue.

### Materials and methods

The dead parrots were brought into the Parasitology Laboratory at the University of Karachi. They were dissected, and intestines were examined in 0.8% physiological saline for the parasitic helminth infection. The damaged sections were separated and preserved in cold 70% ethanol for further histological procedures. Infected intestine tissues were placed in Bouin's solution for twenty-four hours. Fixation is essential to maintain the tissue's molecular and structural composition and enhance the absorbance during staining. After fixation, tissue is processed through dehydrated ethanol series, cleared in xylene, and maintained in wax for an hour in a 60°C oven with two baths containing melted paraffin wax at a 1:1 ratio. The wax infiltrates the tissue's structure, increasing optical differentiation, hardening the tissue, and easier tissue sectioning. Tissue was placed into cavity blocks with somewhat hardened wax, and then melted paraffin wax was applied to the tissue. 6–8  $\mu$ m thick strips were produced using standard histology methods on slides. To extend the strips, the slides were placed on a hot plate set to 40°C. Staining was utilised to contrast the tissue slice's

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component sections. Then, in each grade, went through a descending series of alcohol (100%-30%) for 8 min, followed by an ascending series of alcohol (30%-100 %) for 10 min. To eliminate all traces of alcohol, waited for 15 min and mounted with Canada balsam. Microphotographs of permanently mounted tissue slices were obtained with a Nikon photomicroscope.

### Results and discussion

During the study of infected tissues of the large intestine, serosa, mucosa and muscularis mucosa degeneration were observed. The degeneration of villi and haemorrhage in blood capillaries is observed due to infection of *Cotugnia karachiensis* (Fig. 1A). The villi are blunt-ended and more expanded than their original size (Fig. 1B). Changes in the size of intestinal glands and haemorrhages have been noticed (Fig. 1C). The hypertrophic condition in villi has been observed (Fig. 1D). The invasion of scolex revealed deep blockage towards the mucosal linings (Fig. 1E).

Crucial deformation of epithelial cells with degenerative and small-size villi has been observed (Fig. 1F). In Figure 1G, enlarged villi with unpacking crypts were observed. In Figure 1H, a cyst with defensive cells has been observed (although the author is not sure about the cyst). It was obvious that there would be a severe infection because of erupted villi from the mucous layer, resulting in a prime disruption causing unrecognisable intestinal structures.

The layers of the intestine in psittacine birds are more like the warm-blooded animal intestine that possess mucosa, sub-mucosa, muscularis and serosa (Reavill and Dorrestein, 2010). Abdel-Rahman *et al.* (2019) observed that acute histopathological alteration in the intestines of birds can be seen because of the presence of helminths observed in the present research. Infection in birds GIT can lead to abnormality in the immune response in the host, leading to lethal effects (Hassan *et al.*, 2019). The findings align with Samad *et al.* (1986) and Pinto *et al.* (1997), who observed atrophied villi enteritis with cellular insinuation and granulomas origination. Moreover, in the intestine, minor haemorrhages were noticed (Malik *et al.*, 2022). Uddin *et al.* (2010) observed several nodules in the intestinal mucosa. Bhowmik *et al.* (1982) noted that obstruction, gross lesions and sores were noticed in the intestine due to cestode invasion.

Ayaz *et al.* (2003) observed multiple cestode infestations in the intestines of broiler chickens, leading to poor function. Moreover, Nisar *et al.* (2015) suggested that a portion of parasites sometimes remain in the muscular layer. In the current study, some scolices were penetrated in intestinal layers. Anwar *et al.* (2000) observed

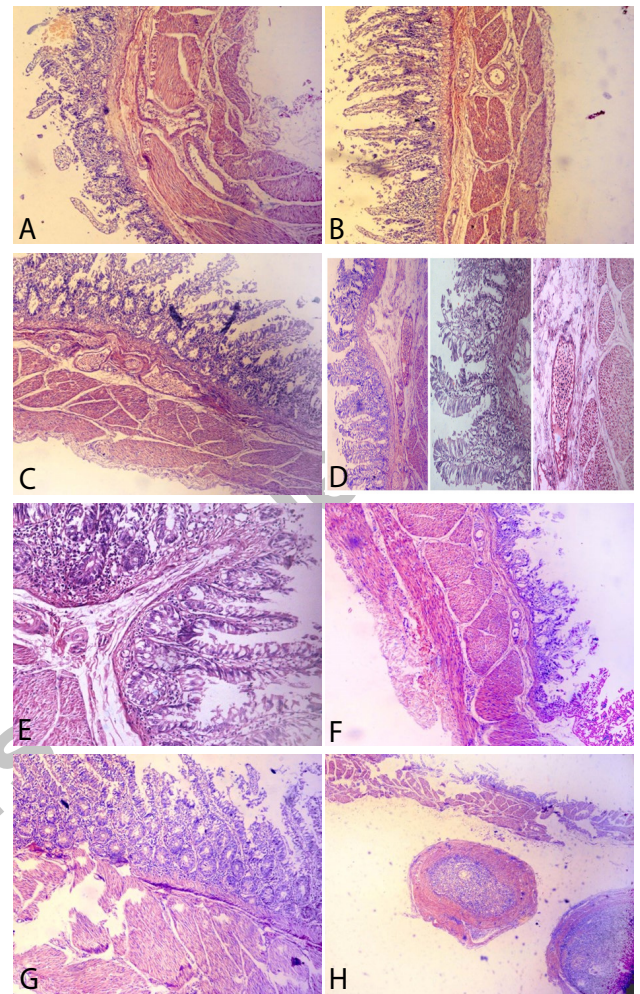


Fig. 1. Effect of cestode infection on histological structure of small intestine of parrot. A shows massive degeneration of serosa and muscularis mucosa with heavy cellular infiltration. Mucosal layer and the villi and intestinal glands show destructive changes. B shows abnormally elongated blunt-ended villi and necrotic patches. C shows haemorrhages with broken blood capillaries; change in the size and shape of intestinal glands can be seen. D shows empty intestinal glands and severe congestion in the submucosal layer (b) villi showing hypertrophic condition (20x) (c) Photomicrograph showing heavy cellular infiltrate. E shows the penetration of cestode parasite with heavy infiltration of cells along with abnormally elongated villi. F shows an intense villi epithelial desquamation, an evident degeneration of villi and a smaller sized villi known as dwarf villi and an increased cellular infiltrate. G shows hypertrophy and degeneration of mucosal layer with bleeding between the glands while emptied glands of Lieberkühn and a visible increase in lymphocytic cells can be seen. H shows a cyst (cestode) with defensive cells. The serosa and muscularis mucosa can be seen demolished. Magnification: A, B, C, D, F, G, H 10X; E, 20X. Stain: Hematoxylin & Eosine.

hypertrophy and atrophy in villi due to the presence of *Raillietina echinobothrida* in the domestic fowl intestine. Adang *et al.* (2014) stated that Aves can be affected by parasitic infection. The current investigation shows that macrophages and lymphocytes are quite active at the site of infection. Alterations in villi and length of epithelium, crypt depth and thickness of tunica muscularis are all because of the gastro-intestine of indigenous chicken in Nepal.

## DECLARATIONS

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### Statement of conflict of interest

The authors have declared no conflict of interest.

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